



AYSO U-6 Coaching Course *Test*

Name_____

Date_____

Region, Area and Section_____

Question 1
Questions 2 through 9

Fill in the Blanks
Circle True (T) or False (F)

1. The six AYSO philosophies are:

Everyone P_ _ _ _ _

Balanced T_ _ _ _ _

Open R_ _ _ _ _ _ _ _ _ _ _

Positive C_ _ _ _ _ _ _ _ _

Good S_ _ _ _ _ _ _ _ _ _ _

Player D_ _ _ _ _ _ _ _ _ _ _

2. It is not important that as an AYSO Coach that you subscribe to a philosophy that acknowledges the role of athletics in developing children as complete individuals T F

3. U-6 players should play with a size-three (3) soccer ball T F

4. At the U-6 level, the most important element of dribbling is developing "feel" or "touch" for the ball with **BOTH** feet T F

5. The ball is out of play as soon as it touches the touchline T F

6. If your team has possession of the ball, your team is attacking, and ***your objective is to SCORE!***

T F

7. ***Dribbling*** is one of the ways to achieve ***penetration***; the Attacking Principle of Play for this age group. T F

8. All AYSO players must play at least ½ of every game T F

9. Shinguards for players are mandatory at both games and practices T F

10. The BEST teacher of the game of soccer is the game itself T F

AYSO U-6 Coaching Course Test

Answer Key

1. The six AYSO philosophies are:
 - Everyone Plays
 - Balanced Teams
 - Open Registration
 - Positive Coaching
 - Good Sportsmanship
 - Player Development
2. False
3. True
4. True
5. False
6. True
7. True
8. True
9. True
10. True