



AMERICAN YOUTH SOCCER ORGANIZATION

a nonprofit corporation dedicated to youth soccer

everyone plays[®]

Are players permitted to wear knee braces?

AYSO policy statement 2.9 titled “Knee Braces” reads as follows:

AYSO will not prohibit the use of knee braces by players in AYSO events and programs, provided that the knee brace is adequately covered and padded in the judgment of the referee so as to eliminate the possibility of its use causing injury to other players on the field of play.

The difference between casts or splints and knee braces is that a cast or splint is used for the treatment of a temporary injury to provide for healing. The use of a knee brace is different in that it is used to provide support and/or flexibility. Knee braces are designed to allow for flexibility of movement, while conversely, a cast or splint is designed to restrict mobility.