



AMERICAN YOUTH SOCCER ORGANIZATION

a nonprofit corporation dedicated to youth soccer

everyone plays®

May players wear spectacles?

Players who require prescription glasses are to be allowed to wear them during practices and games. It is recommended that retaining straps be worn. Rubber bands may also be used for this purpose. Prescription goggles, such as the type used by racquetball players, are also permitted subject to the approval of the referee prior to the start of the match. Spectacle guards made of plastic or other hard material are not permitted.